

Essay writing service

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Responsibility sometimes seems terrible, which is sometimes confused with a sense of guilt (observed this more than once, unfortunately).

To accept responsibility for your life has nothing to do with the feeling of guilt. Sometimes at the moments of awareness and cardinal changes, a person can actually face with the understanding that he himself made a terrible and other people. It may begin to absorb a person, causing a sense of guilt and remove conscience. The man tells himself I realized that I had no one to blame more; What I myself took with myself and with people close to me; This I behaved so much. And begins to regret it. He may be ashamed; Maybe he wants to get forgiveness. And if these requests are satisfied OK, zero problems. The main thing is that these feelings do not dare how the clutch is at the bottom. To understand and take your responsibility for something, means not just feeling a guilt or shame or a desire for something apologize, but first of all understand that:

First, a person is no longer justified by something (although the importance of the past is not denied);

Secondly, accepting responsibility for their lives, his worldview and actions, a person is guided by himself and its principles; It becomes more flexible and attentive to himself and the world around;

Thirdly, a person begins to study himself; He learns creative adaptation and creates his character and himself, and does not live outdated, hospitable installations and habits.

It means to have a courage to take responsibility for your life, thoughts, actions and the choice that they precedes them. This means not to look for excuses and do not shift responsibility for your acts and attitude towards yourself and to the world. Also, do not shift the responsibility for the past negative experience, and accusers other people in the failures, thereby justifying their present position and attitude towards themselves and to life. Live according to the principle of self-sufficiency means recognizing that inconvenient and sometimes frightening fact that in spite of the fact that in my life there were people or situations that bring me a negative experience, only the person himself is responsible for how it will be to this And what kind of person will become. This is a proactive choice; Self-consciousness laid between incentive and reaction. The person himself is responsible for its worldview, and therefore, for his thoughts and actions concerned about their lives and people who surround it. After overpowering to blame others, the past, events that have accounted for negative prerequisites, a person acquires the ability to no longer be justified, but acquires certain life skills that encourage him to change their paradigms. Thus, a person becomes a mature, responsible, effective person who is capable of self-regulation itself and his life. The person begins to appreciate the experience gained, even if it was extremely negative or destructive. In the end, this experience will show him that he is able to overcome the difficulties and how strong is his character.

Wines and responsibility are not synonymous.

And this sometimes is not easy. After all, now all this uncharted territory, which may seem frightening and confusing. After all, before everything was simple and understandable; habitual. Not everything turns out the first time; Not everything is realized and digested quickly. Everyone is different. The main thing is not to stop and do not allow small difficulties and sometimes failures to take away the feeling of confidence and strength of the Spirit. This is even its own charm of novelty. Failures are quickly taught if they apply to them accordingly. People are generally typical and learn, and develop and at the same time return to the embryonic state. When a little man learns to walk and falls, he does not stop attempts, and does not return to the crawling state, right? He tries again and again until finally gets up. Since it is not a completely realized process for it, but rather naturally developing, this suggests that this feature is characteristic. Overcome yourself and making yourself better. But there are a lot of temptations. Stop in the process easily (especially in the beginning of the beginning), the main thing is to pass the first steps of formation; Then a person will no longer want to lose more and give up his novelty and development.

But for this you need responsibility and awareness of freedom of choice.